

SUTFIOWET BITG FEEDET Physical Activity

What you need:

Two sunflower heads

Screw driver or sharp object

Wire or cord

Scissors

Plan ahead for this project, as the sunflower heads need time to dry first.



Step one

Allow two sunflowers to dry in a cool, well-ventilated place so that mould doesn't form. When drying, wait for the heads to turn brown and the backs to turn yellow.

Step two

Once dry, cut off the head of the sunflower.

Step three

Using a screwdriver, or sharp object, make two small holes about 1 inch apart in the middle of each dried sunflower head; push the screwdriver through the soft underside of the flower, to create the hole.

Step four

Hold each sunflower back-to-back, seeds facing outward, with holes aligned. Holding the floral wire horizontally, thread the left end through the left set of holes, and the right end through the right set of holes. Once both ends are out the other side, twist the ends together. Create a loop at the end of the wire to hang the sunflower on.

Step five

Hang the sunflower from a tree or fence, then keep an eye out for the birds as they come to feed!







Don't forget to send us a photo of your creation!
Upload it via our website or email it to sunflowers@daltons.co.nz

